



## **Community, Culture and Caring School Bullying Prevention and Intervention Plan**

At Merwin Greer Public School, we believe the most effective means to address bullying is through a comprehensive, school-wide approach that engages all stakeholders – students, parents, guardians, staff, School Councils, volunteers, and the community.

This school-based plan aligns with the Kawartha Pine Ridge District School Board's Bullying Prevention and Intervention Plan. Our school plan promotes a school-wide approach to ensuring we have a safe, inclusive, and accepting school environment free from bullying, harassment, discrimination, and other inappropriate behaviours.

The Board's Bullying Prevention and Intervention Plan, as well as our school's plan, reflect the Ministry of Education guidelines.

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### **1. EDUCATION, AWARENESS AND OUTREACH**

Merwin Greer Public School recognizes that a whole-school approach to involving and engaging the school community will help us to address inappropriate behaviour.

We will focus on education, awareness, and outreach by doing the following:

Restorative Practices – daily use, circles in the classroom, Zones of Regulation

A circle is a way of meeting with people and of having conversations in which the shape itself implies, community, connection, inclusion, fairness, equality, and wholeness. It draws on the Aboriginal tradition of the Talking Circle in a complex multi-cultural, contemporary society. Meeting in a circle ensures that everyone is respected, has a voice, and is appropriately heard.

Consequences for Unacceptable Behaviour:

Consequences for unacceptable behaviour are appropriate for the individual, circumstances, and actions. Consequences include learning opportunities to help reinforce positive behaviours and help students make future good choices. For students with special needs, consequences and support are consistent with the student's Individualized Education Plan (IEP). The Board, principals, and vice-principals consider all mitigating circumstances and other factors, as required by our Safe, Caring, and Restorative School Manuals

Progressive Discipline checklist – list of practices used:

restorative practice,  
warnings,  
time-outs,  
time-owed,  
restricted privileges,  
restitution, i.e., financial, community service,  
suspensions, and/or  
expulsion.

We will engage parents in conversations about preventing bullying and in promoting a positive school climate by recognizing that effective anti-bullying strategies must be based on evidence. We will base our bullying prevention and intervention strategies, practices, and programs on evidence from our school climate surveys and other relevant information and communications we receive. We will measure the success of our anti-bullying initiatives and strategies:

Evaluate the evidence to identify the main areas of concern and issues in the physical environment, determine current procedures, and assess the success of those procedures, based on results of the school climate surveys and other relevant information.

Identify children and youth involved in bullying (including the bully, the person being bullied, and those who may have witnessed or been affected by the bullying), as well as identify and assess any roles.

Review and update our anti-bullying strategies because of gathering new information and sharing the information with our school community.

## **FOLLOW-UP ACTIONS**

We will evaluate the results of future school climate surveys to make sure our follow-up actions are effective. This evidence will identify and measure the success of steps we took to prevent or respond to bullying and to support students. This will help us to make further changes, where needed, to ensure safe, caring, welcoming, and inclusive school environments.

## **POLICY AND PROCEDURES**

We recognize that a consistent, whole-school approach, strong policies, and appropriate legislation are important for bringing widespread change.

We also recognize that our policies and goals must address the challenges identified in our school climate surveys and other data.

## **VIOLENCE PREVENTION**

Violence prevention strategies and programs (Jaffe et. Al.p.6) need to focus on: (select as many areas as are applicable)

- Healthy lifestyles and relationships
- Student leadership
- Character Education – Empathy, Courage, Respect
- Citizenship development
- Conflict resolution
- Restorative practice
- Bullying prevention
- Peer mediation

## **2. EVALUATION OF EVIDENCE (see Appendix B)**

### **Pre-evaluation strategy**

Issues of concern by our students, staff, and parents are raised through tools such as:

- Use the school climate survey results
- Student focus group
- School Assessment Checklist

Concerns raised regarding our physical environment are raised through tools such as:

- Workplace Physical Environment Risk Assessment
- School Safety Audit

The steps we follow for reporting, responding to, and following up on issues are as follows:

- Complete a Safe Schools Incident Report form and follow up on the incident
- Review our school climate survey results and other communications to help identify concerns, address them, and identify best practices.

Based on our school climate surveys and other communications, we will continue to work on the following areas that need improvement:

- Student Leadership Activities
- Direct instruction on inclusive language
- Increase Indigenous cultural learning
- Increase racialized students' academic achievement and well-being
- Use of planned lessons focused on Equity
- Community speakers to promote understanding
- Book studies for teaching staff

### **3. FOLLOW-UP ACTIONS (see Appendix B)**

We will actively communicate our policies, procedures, and guidelines to our school community. We also will involve our school community in reviewing our policies, procedures, and guidelines relating to bullying, discrimination, and harassment), by taking the following steps:

Informing parents through Edsby  
Informing parents through School Messenger

The roles and responsibilities of everyone in the school community - including students, staff, parents, and community members are as follows:

Everyone has their own unique and equally valued perspective.  
Thoughts influence emotions, and emotions influence actions.  
Empathy and consideration.  
Needs and unmet needs.  
Collective responsibility for problem-solving and decision-making.

### **4. PREVENTION (see Appendix C)**

We recognize that promoting a positive, welcoming, and inclusive learning environment will help to prevent bullying, harassment, and discrimination. We are committed to taking steps to prevent bullying.

These steps include active use of our Safe, Caring, and Restorative School Team, which promotes a safe, inclusive, and accepting school climate. This team will include a student, parent, teacher, non-teaching staff member, community partner, and the principal.

The roles and responsibilities of this team are as follows:

provide opportunities for teachers to develop effective classroom management skills using progressive discipline  
establish and maintain respectful, safe, caring, and restorative classrooms

Other steps to prevent bullying, harassment, and discrimination will include:

#### **A. PROGRAMS TO PREVENT AND RESPOND TO BULLYING**

Restorative Practices  
Participation in all Days of Pink  
Zones of Regulation, Kelso's Choices, Step 2  
Student Council and other opportunities for Student Leadership  
School Code of Conduct

KPR equity and diversity contacts

Publicizing KPR's Report Bullying weblink through school messenger and the school website

Clubs

Culturally Relevant and Responsive Pedagogy Toolkit

Guidelines on the non-use of racial and other Epithets and slurs

Guidelines for supporting transgender and gender-diverse students

## **B. PROGRAMS THAT BUILD POSITIVE RELATIONSHIPS**

Restorative practice

Circles in the classroom

The restorative classroom, using restorative approaches to foster effective learning

School Council meetings

School Open House

Assemblies

## **C. ACTIVITIES THAT PROMOTE A POSITIVE SCHOOL CLIMATE**

School focus on KPR Character Traits

Seven Grandfather Teachings

Circles in Classroom

Positive Choices/Positive Decisions

Assemblies & In-School Presentations

Belonging and Inclusion

Calming Routines

Mind Up Curriculum

School Spirit Days

## **D. AWARENESS-RAISING STRATEGIES FOR STUDENTS**

Social-emotional learning programs

Participating in Bullying Awareness and Prevention Week in November, Pink Shirt Day in February, and the Day of Pink in April

## **E. RAISING AWARENESS AND ENGAGING PARENTS AND THE COMMUNITY**

School council-focused discussions to raise awareness and engage parents

Information sent through School Messenger and Edsby

## **F. CURRICULUM AND DAILY LEARNING**

3-part lesson and restorative practice

Professional Learning Communities (PLC) on building safe classroom communities using the 5 themes and 5 useful questions:

Everyone has a unique and equally valued perspective.

Thoughts influence emotions, and emotions influence actions.

Empathy and consideration.

Needs and unmet needs

Collective responsibility for problem-solving and decision making

## **G. STAFF AND STUDENT ROLE MODELS**

We also have identified the following learning and training opportunities for staff and the school community:

Staff training

Circles in the classroom

Building safe classroom communities

Emotional Intelligence and Restorative Practice

Below is a list of challenges most likely in our school setting

Frequent turnover among administrators

Increased reporting of violence with the implementation of new programs

Unpredictable crisis

Difficulty developing and sustaining committees with community partners

External changes that change the mandate

## **5. INTERVENTION AND SUPPORT STRATEGIES (see Appendix C)**

We will take the following steps to respond to all incidents of bullying, harassment, discrimination, and other inappropriate behaviours, and to support students.

Provide Safe Methods for Students to Report Bullying

Speak to a Teacher, other staff member, Principal or Vice Principal

KPRDSB Report Bullying Web link – available on all school websites

Anonymous drop box in school

Via parent/guardian conversation with school staff

Texting or emailing a school staff member

Kids Help Phone Line – available on all school websites

Restorative practices

Progressive discipline

## APPENDIX A – BULLYING DEFINITIONS AND COMMUNICATION

We use the Ministry of Education’s definition of bullying as follows:

**Bullying** - means aggressive and typically repeated behaviour by a pupil where,

- (a) the behaviour is intended by the pupil to have the effect of, or the pupil ought to know that the behaviour would be likely to have the effect of,
  - (i) causing harm, fear or distress to another individual, including physical, psychological, social or academic harm, harm to the individual’s reputation or harm to the individual’s property, or
  - (ii) creating a negative environment at a school for another individual, and
- (b) the behaviour occurs in a context where there is a real or perceived power imbalance between the pupil and the individual based on factors such as size, strength, age, intelligence, peer group power, economic status, social status, religion, ethnic origin, sexual orientation, family circumstances, gender, gender identity, gender expression, race, disability or the receipt of special education (“intimidation”).

For the purposes of the definition of “bullying” above, behaviour includes the use of any physical, verbal, electronic, written or other means.

### **Cyber-bullying**

For the purposes of the definition of “bullying” above, bullying includes bullying by electronic means (commonly known as cyber-bullying), including,

- (a) creating a web page or a blog in which the creator assumes the identity of another person;
- (b) impersonating another person as the author of content or messages posted on the internet; and
- (c) communicating material electronically to more than one individual or posting material on a website that may be accessed by one or more individuals.

In other words, bullying:

- is a deliberate act to harm or exclude someone or “put someone down”
- usually happens more than once over time
- involves someone having more power over another and abusing that power

Cyber-bullying means using the internet, social media, texting or other electronic means to bully someone.

In communicating with students, staff and our school community, we will:

- Identify different types of bullying, including cyber-bullying
- Understand the myths and realities of bullying behaviour
- Identify bullying and how it is different from conflict, aggression and teasing
- Understand power and relationships among peers
- Identify how bias, prejudice and hate can lead to bullying
- Identify different signs and underlying factors of bullying, such as body image, racism, sexism, homophobia, disability, etc.
- Understand a “whole school approach” and the importance of everyone contributing to a positive school climate for student achievement, success and well-being
- Understand the factors that contribute to a safe, inclusive, caring and accepting school climate
- Identify ways to make students aware of how they can help prevent and respond to bullying
- Identify ways to engage parents in conversations about preventing bullying and promoting a positive school climate
- Reach out to parents and the broader school community to promote safe, caring, inclusive school environments
- Reflect on our relationships and interactions, and focus on promoting healthy relationships
- Become knowledgeable about community partners and resources available in our community

We also will share with our school community, all related policies and procedures. These include the Board and School Code of Conduct, equity and inclusive education policy and guidelines for religious accommodations, procedures to address incidents of discrimination, progressive discipline approach, and bullying prevention and intervention plans and strategies.



## **APPENDIX B - EVALUATION OF EVIDENCE**

We recognize that effective anti-bullying strategies must be based on evidence. We will base our bullying prevention and intervention strategies, practices, and programs on evidence from our school climate surveys and other relevant information and communications we receive. We will measure the success of our anti-bullying initiatives and strategies:

- Evaluate the evidence to identify the main areas of concern and issues in the physical environment, determine current procedures, and assess the success of those procedures, based on results of the school climate surveys and other relevant information.
- Identify children and youth involved in bullying (including the bully, the person being bullied, and those who may have witnessed or been affected by the bullying), as well as identify and assess any roles.
- Review and update our anti-bullying strategies as a result of gathering new information and share the information with our school community.

## **FOLLOW-UP ACTIONS**

We will evaluate the results of future school climate surveys to make sure our follow-up actions are effective. This evidence will identify and measure the success of steps we took to prevent or respond to bullying and to support students. This will help us to make further changes, where needed, to ensure safe, caring, welcoming, and inclusive school environments.

## **POLICY AND PROCEDURES**

We recognize that a consistent, whole-school approach, strong policies, and appropriate legislation are important for bringing widespread change.

We also recognize that our policies and goals must address the challenges identified in our school climate surveys and other data.

## **APPENDIX C – PREVENTION, INTERVENTION AND SUPPORT STRATEGIES**

We also will:

- “check in” regularly with students who are at risk of being bullied or who are affected by bullying
- provide opportunities for teachers to develop effective classroom management skills using progressive discipline
- establish and maintain respectful, safe, caring, and restorative classrooms
- provide supervision in areas where and when bullying happens, as identified through climate surveys

### **INTERVENTION AND SUPPORT STRATEGIES**

We recognize the importance of responding immediately to bullying and providing support to students as quickly as possible through a school-wide approach.

To this end, we will:

- use “teachable moments” and progressive discipline to address inappropriate behaviour
- consider mitigating other factors that are affecting a student’s behaviour
- ensure we have steps in place to identify and respond to bullying when it happens
- identify ways to support all students involved in bullying
- communicate the progressive discipline approach to our school community, as well as procedures we have in place to support students